

Purple Belt

Pattern - - - Gyum-soan Chil Jul

	English	Korean
Highest Techniques	Front Leg Crescent Kick Rear Straight Elbow Strike	Up Bal Bandal Chagee Dwi Pal-goop Cheegee
Purple Belt Pattern	Open Hand Inward Block (body level), Front Leg Swing Kick (instep), Back Fist Strike, Rear Inward Punch, Rear Leg Swing Kick (ball of foot), Back Fist Strike, Rear Inward Punch, Front Vertical Round Punch, Dodge, Front Vertical Round Punch (defensive).	
Defense Drill	Movement: Free - Hands Down Bada chagi and counter attack	
Speed Drill	Step Forward, Front Punch, Rear Punch, Dodge, Rear Punch, Downward Kick. Step Back.	

Word Find

Downward	Gyum Soan Chil
Reverse	Jul
Heel	Goom-chee
Palm	Pal-goop
Elbow	Jiruh-gee
Side	Ol-lyo
Swing	Chee-gee
Upward	Ban-dae
Round	Bandal
Diagonal	Nae-ria
Punch	Soan-baldak
Purple Belt	Dolyuh
Strike	An-uh-ro
Upward	Ah-rae
Crescent	Choi Kwang-Do



G	O	O	M	C	H	E	E	E	L	B	O	W
Y	A	L	Y	E	L	L	M	J	A	C	K	S
U	M	L	R	E	D	D	L	B	R	T	I	W
M	Y	Y	I	A	N	R	A	B	S	D	T	I
S	P	O	O	G	L	A	P	A	E	B	D	N
O	C	H	O	I	K	W	A	N	G	D	O	G
A	S	H	C	N	U	P	H	D	M	V	L	A
N	R	O	U	N	D	U	R	A	Z	P	Y	N
C	H	E	E	G	E	E	A	L	W	D	U	U
H	E	B	A	N	D	A	E	F	A	E	H	H
I	E	E	L	A	N	O	G	A	I	D	C	R
L	L	A	E	S	R	E	V	E	R	P	K	O
J	I	R	U	H	G	E	E	X	E	Q	U	L
U	S	O	A	N	B	A	L	D	A	K	L	D
L	G	A	M	E	D	R	A	W	N	W	O	D
P	U	R	P	L	E	B	E	L	T	I	K	E
S	T	R	I	K	E	M	U	P	W	A	R	D
G	R	E	C	A	T	N	E	C	S	E	R	C

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Mix and Match

Match the English terms with the Korean terms.

Front Leg Downward Kick

Dwi Pal-goop Chee-gee

Rear Round Palm Strike

Up Soan-baldak Dolyuh Chee-gee

Rear Leg Heel Kick

Dwi Bal Goom-chee Up Cha-gee

Front Palm Strike

Dwi Bal Nae-ria Cha-gee

Front Leg Heel Kick

Up Ol-lyo Jiruh-gee

Rear Palm Strike

Dwi Soan-badak Dolyuh Chee-gee

Front Leg Crescent Kick

Up Bal Bandal Cha-gee

Front Upward Punch

Dwi Soan-badak An-uh-ro Chee-gee

Rear Leg Downward Kick

Up Bal Nae-ria Cha-gee

Front Round Palm Strike

Up Bal Goom-chee Up Cha-gee

Rear Straight Elbow Strike

Up Soan-badak An-uh-ro Chee-gee

I promise to do my best and never give up!

Pil Suhng!

