

Brown Belt

Pattern - - - Gyum-soan Goo Jul

	English	Korean
Highest Techniques	Spinning Side Kick Spinning Reverse Swing Kick Rear Claw Finger Strike	Dol-mee-uh Yup Cha-gee Dol-mee-uh Badae Hoolyia Cha-gee Dwi Soan-kut Chee-gee
Belt Pattern	Open Hand Low Block, Front Leg Reverse Swing Kick, Knife Hand Strike, Rear Inward Punch, Rear Leg Reverse Swing Kick, Knife Hand Strike, Rear Inward Punch, Front Upward Punch, Dodge, Front Upward Punch.	
Defense Drill	Movement: Free - Hands Down Bada Chagi and counter attack.	
Speed Drill	Step Up. Front Punch, Rear Punch, Dodge, Rear Punch, Rear Leg Twisting Kick. Step back.	

Word Find

Block	Gyum Soan Goo Jul	G	Y	U	M	S	B	A	K	U	H	R	O	M
Front	Cha-gee	Y	F	U	N	P	I	E	R	A	E	M	R	A
Rear	Jiruh-gee	U	H	R	K	I	C	K	E	A	R	K	E	K
Side	Mak-gee	M	U	S	O	N	P	S	R	T	O	C	O	G
Swing	Chee-gee	S	E	J	D	N	Y	I	Q	S	U	O	S	E
Kick	Dolyuh	O	E	I	O	I	T	D	B	O	O	L	X	E
Round	Dol-mee-uh	A	M	R	D	N	A	E	R	I	A	B	U	T
Diagonal	Bee-tul-uh	N	L	U	G	G	P	S	W	I	N	G	E	H
Twisting	Naeria	G	O	H	E	M	D	O	L	Y	U	H	E	R
Spinning	An-uh-ro	O	D	G	N	A	W	K	I	O	H	C	G	O
Brown Belt	Ah-rae	O	E	E	G	A	H	C	A	H	R	A	E	U
Strike	Bak-uh-ro	J	A	E	K	I	R	T	S	H	O	R	E	N
Dodge	Choi Kwang-Do	U	T	N	L	A	N	O	G	A	I	D	H	D
		L	B	R	O	W	N	B	E	L	T	A	C	O
		T	W	I	S	T	I	N	G	H	O	S	T	S



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Mix and Match

Match the English terms with the Korean terms.

Twisting	Dung Joo-Muk
Spinning	Bandae
Side	Ol-lyo
Swing	Nae-ria
Diagonal	Bee-tul-uh
Reverse	Hool-yia
Back Fist	Soan-kut
Knife Hand	Sah-suhn
Claw Finger	Dol-mee-uh
Downward	Yup
Upward	Soan-kal

I promise to do my best and never give up!

Pil Suhng!

