

Yellow Belt

Pattern - - - Gyum-soan EE Jul

	English	Korean
Highest Techniques	Front Leg Side Kick Rear Round Punch	Up Bal Yup Cha-gee Dwi Dolyuh Jiruh-gee
Yellow Belt Pattern	Outward Block, Front Leg Front Kick, Front Inward Punch, Rear Inward Punch, Dodge, Rear Inward Punch.	
Defense Drill	Movement: Straight Line Hand and foot attack w/blocking.	
Speed Drill	Step Forward, Front Punch, Rear Punch, Dodge, Rear Punch, Rear Leg Front Kick . Step Back.	

Word Find

Outward	Gyum Soan EE Jul	G P X T N O R F S I D E C
Inward	Cha-gee	Y U M K R B E A H R A E H
Low	Jiruh-gee	U N J S R M A K G E E D O
Block	Mak-gee	M C I V B Y R H C L O W I
Front	Chee-gee	S H R D D G K M Y G T I K
Rear	Up	O I U P R W I P L L I B W
Side	Yup	A D H K A Z C F E S D A A
Kick	Dwi	N R G H W A K B L O C K N
Round	Dolyuh	E A E A N L W H C H R U G
Punch	An-uh-ro	E W E Y I O U Q A O D H D
Yellow Belt	Ah-rae	J T P I L Y J G U X W R O
Strike	Bak-uh-ro	U U O L L S E N I O X O W
Dodge	Choi Kwang-Do	L O E O E E D A N U H R O
		G Y D C H E E G E E Y U P



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Mix and Match

Match the English terms with the Korean terms.

Outward Block

Moo-ruhup Chee-gee

Rear Round Punch

Dung Joo-muk Chee-gee

Low Block

Up Bal Yup Cha-gee

Front Leg Side Kick

Dwi Dolyuh Jiruh-gee

Rear Leg Front Kick

Yup Joo-muk Chee-gee

Front Inward Punch

Ba-kuh-ro Mak-gee

Rear Inward Punch

Dwi An-uh-ro Jiruh-gee

Knee Strike

Dwi Bal Up Cha-gee

Back Fist Strike

Ah-rae Mak-gee

Side Fist Strike

Soan-kal Chee-gee

Knife Hand Strike

Up An-uh-ro Jiruh-gee

I promise to do my best and never give up!

Pil Suhng!

